

WORK WITH ALICE

121 COACHING & CONSULTING FOR NEURODIVERGENT BUSINESS OWNERS

PACKAGES START FROM £350*



1

We'll start off with a **30-minute kick off meeting** to delve into your key business challenges and goals – we'll get real about running a business with a neurospicy brain!

2

I'll put together a **plan of action** for us to work through together over the next three months, **tailored to your budget**, including how many 121 sessions we'll have and what we'll focus on in each one.

3

Time to start our first session! We'll spend 60 minutes together focusing on your **first business challenge**, and I'll support with **either coaching, consulting or creative suggestions**.

4

After each session, I'll send you a **recording, transcript and actions summary** to complete before our next session, as well as any necessary **follow up notes** and **resources** we've discussed that would be helpful.

5

Before our final session, I'll send you a **feedback form** to complete and an **exercise to reflect** on where you were when we started, where you are now and your plan for the future.

6

We'll wrap up our final session! Either you'll feel ready to move forward on your own, or we can extend your package with a few extra sessions if you need more support.

Enquire by emailing hello@joyfullydifferent.co

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3 SESSIONS: £350

NON MEMBERS: £525

- 30-minute kick off meeting and personalised action plan
- 3 x 60-minute 121 coaching sessions (weekly, fortnightly or monthly)
- Recording and transcript for each coaching call plus actions summary

6 SESSIONS: £650

NON MEMBERS: £975

- 30-minute kick off meeting and personalised action plan
- 6 x 60-minute 121 coaching sessions (weekly, fortnightly or monthly)
- Recording and transcript for each coaching call plus actions summary

ADD ON: £100 PER MONTH

NON MEMBERS: £150

- Access to me to me via WhatsApp, Discord or email between sessions to ask any additional questions
- Up to one 15-minute SOS call every week

Alternatively, bespoke packages are available on request.
Email alice@joyfullydifferent.co to find out more.

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